



## Kids' Face Paint: Pretty Scary!

Ghosts and goblins aren't the only scary things lurking around this Halloween.

A new report by the Campaign for Safe Cosmetics, "[Pretty Scary](#)," reveals that some children's face paints contain lead, a neurotoxin, as well as nickel, cobalt and chromium, which can cause lifelong skin sensitization and contact dermatitis.



Creepier yet, these metals were not listed on the products' ingredient labels. Some products even bore misleading claims (like "hypoallergenic" and "FDA compliant"), making it tough for parents to find safe face paints. To learn more about the product tests and for tips to limit your favorite goblin's exposure this year, [check out the report and our recommendations for a safer Halloween](#). We've even compiled some [DIY recipes for Halloween makeup](#).

While this is particularly concerning for parents at this time of year, these products are used year-round at festivals and during dress-up. What's more, everyday cosmetics suffer from the same lack of safety standards in the United States. Support safety: [Sign the Petition for Safe Cosmetics](#), which calls for the removal of toxic chemicals in all cosmetics and personal care products - from face paint to baby shampoo, and body lotion to deodorant.

p.s. Don't forget to check out - and share! - the Campaign's [new video](#), which takes a closer look at what's really in cosmetics.

## Is Your Favorite Nail Polish "Three-Free"?

Before your next mani-pedi, do yourself and your nail salon technician a favor: [download a nail polish wallet card](#) so you can ask for polish brands that are free of three nasty toxic ingredients: dibutyl phthalate, toluene and formaldehyde. These chemicals have been linked to reproductive harm and cancer.

Three years after the Campaign for Safe Cosmetics and allies convinced OPI, Sally Hanson and Orly to commit to [removing the toxic trio](#) from their nail polishes, our friends at the National Healthy Nail Salon Alliance released this wallet card alongside their report, "[Phasing Out the Toxic Trio](#)," which confirms that leading nail product makers are making good on their promises to phase out the three chemicals.

Phasing out of the toxic trio is a significant victory; toxic chemicals in nail products are a

concern not only for consumers' health, but also for nail salon technicians, who come into contact with harmful chemicals every day.

## **Cosmetics Chemicals Found in Doctors and Nurses**

Do you ever wonder which chemicals from cosmetics and other products end up in our bodies? A process called [biomonitoring](#), a lab analysis of blood, urine or hair, can actually find these pollutants in people.

Three of the Campaign's endorsing organizations, Physicians for Social Responsibility, American Nurses Association and Health Care Without Harm, just released an [investigation of chemicals found in the bodies of health care professionals](#). Among the cosmetics chemicals found in the nurses and doctors tested: [triclosan](#), which is common in hand sanitizers and antibacterial soaps, and [phthalates](#), a frequent component of fragrance found in many cosmetic products.

Our advice for cold and flu season: use hand sanitizers without triclosan, or scrub up with that old (effective) standard, fragrance-free soap and water.